



Birth Planning

Monochorionic diamniotic and monochorionic monoamniotic (MCDA/MCMA) Twins (Robson Group 8) Data from 2016-2024 (174 women)



BIRTH OUTCOMES FOR MTW

10% *Spontaneous Vaginal Birth*



5% *Assisted Vaginal Birth*



41% *Unplanned Caesarean Birth*



44% *Planned Caesarean Birth*



Note: Some figures shown are rounded to the nearest whole number for simplicity.

REFER TO SECTION 2 FOR EVIDENCE-BASED ADVICE ON NON-PHARMACOLOGICAL THERAPIES AND COPING STRATEGIES DURING LABOUR.