



# Birth Planning

First baby - Over 37 weeks, baby's head down,  
**spontaneous labour** (Robson Group 1)



BIRTH OUTCOMES FOR MTW



## PLANNED BIRTH IN BIRTH CENTRE (236 BIRTHS)

Chance of transfer in labour = 34%

# 75% *Vaginal Birth*

13% ASSISTED VAGINAL BIRTH  
12% CAESAREAN BIRTH



## PLANNED BIRTH AT HOME (7 BIRTHS)

Chance of transfer in labour = 29%

# 86% *Vaginal Birth*

0% ASSISTED VAGINAL BIRTH  
14% CAESAREAN BIRTH

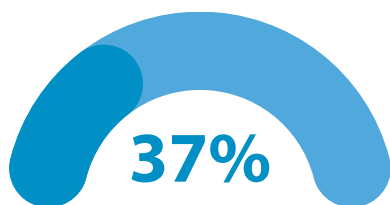


## PLANNED BIRTH IN HOSPITAL (757 BIRTHS)

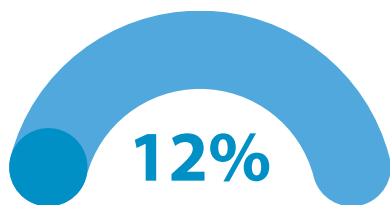
# 52% *Vaginal Birth*

23% ASSISTED VAGINAL BIRTH  
24% CAESAREAN BIRTH

OVER 99% OF BABIES BORN IN THE BIRTH CENTRE, HOME OR IN HOSPITAL ARE BORN IN GOOD CONDITION



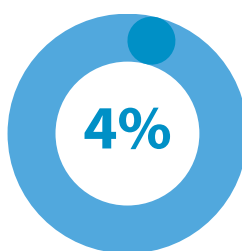
EPIDURAL IN LABOUR



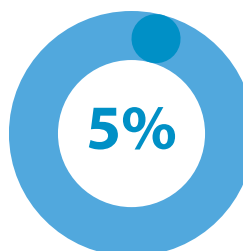
OXYTOCIN IN LABOUR

1001 births\*

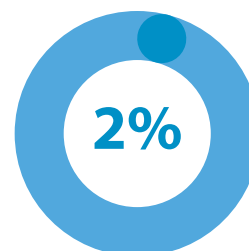
## POSTPARTUM HAEMORRHAGE >1000MLS



VAGINAL BIRTH



ASSISTED  
VAGINAL BIRTH



UNPLANNED  
CAESAREAN

1001 births\*

REFER TO SECTION 2 FOR EVIDENCE-BASED ADVICE ON NON-PHARMACOLOGICAL THERAPIES AND COPING STRATEGIES DURING LABOUR.