

## Birth Planning





## 38% Vaginal Birth

4 IN 10 BIRTHS

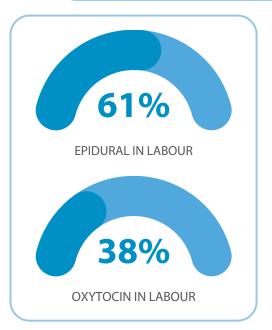
## 20% Assisted Vaginal Birth

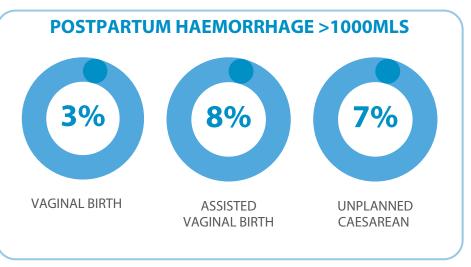
2 IN 10 BIRTHS

## 42% Caesarean Birth

\*\*\*\* 4 IN 10 BIRTHS

> The process of induction of labour may not work for an estimated 6% of women\* Note: Some figures shown are rounded to the nearest whole number for simplicity.





REFER TO SECTION 2 FOR EVIDENCE-BASED ADVICE ON NON-PHARMACOLOGICAL THERAPIES AND COPING STRATEGIES DURING LABOUR.