



Birth Planning

Dichorionic diamniotic (DCDA) Twins (Robson Group 8 Data from 2016-2024 (622 women))



BIRTH OUTCOMES FOR MTW

16% *Spontaneous Vaginal Birth*



LESS THAN 2 IN 10 BIRTHS

10% *Assisted Vaginal Birth*



1 IN 10 BIRTHS

3% *Vaginal Birth/Unplanned Caesarean Birth*



LESS THAN 1 IN 10 BIRTHS

29% *Unplanned Caesarean Birth*



3 IN 10 BIRTHS

42% *Planned Caesarean Birth*



4 IN 10 BIRTHS

Note: Some figures shown are rounded to the nearest whole number for simplicity.

REFER TO SECTION 2 FOR EVIDENCE-BASED ADVICE ON NON-PHARMACOLOGICAL THERAPIES AND COPING STRATEGIES DURING LABOUR.