

Ref: FOI/GS/ID 9211

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27 June 2024

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Cardiac arrest and Hypoxic brain injury protocols.

You asked: All questions are shown as received by the Trust.

- 1. Can you confirm the blood test that you do to determine if some has had a heart attack or a cardiac arrest .
- 2. What are the protocols that you have in place at the hospital please.
- 3. Can you also confirm the types of Ct and MRI scans that you do to establish if someone has had suffered an Hypoxic brain injury.
- 4. What protocols are in place at your hospital please for these types of injuries .

Trust response:

- 1. The Trust use Troponin T as a marker of myocardial cell injury, the trends of these results are then interpreted in conjunction with the history, examination and other investigations to try and determine the patients diagnosis.
- 2. The trust of course has many policies, guidelines, and protocols, however, the standard laboratory guidance for our laboratory with regards to interpretation of Troponin T results is:
- "<20% change: not consistent with an acute event
- 20 100% change: significant rise. Distinguish between acute causes and chronic elevation of trop T (but with one sample >14ng/l)
- > 100% change: consistent with MI (but with one sample > 14 ng/l)" However, many other factors can affect Troponin T results.
- 3. Non-contrast CT or MRI of the head.
- 4. Hypoxic brain injury can cover a huge spectrum of injury, and can arise from a large number of aetiologies, we are not aware of a single protocol for them.