

# ASSESSMENT FOR CONTRACEPTIVE IMPLANT INSERTION



The ENG-IMP (Contraceptive Implant/Nexplanon) provides very effective contraception for 3 years. It is estimated to be 99.95% effective in its first year and the contraceptive effect is lost rapidly after removal. It *may* also provide help with heavy or painful periods.

In order that we offer the best and safest service and to ensure our appointments are used optimally, please fill in the questionnaire below. **Email completed form to: [mtw-tr.coilassessmentdoc@nhs.net](mailto:mtw-tr.coilassessmentdoc@nhs.net)**

Once you have returned the form, one of our staff will be in touch within 14 days to book your Implant insertion appointment. Please contact us via the email above if you don't hear anything within 14 days of submitting your form.

Full Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_  
Phone number: \_\_\_\_\_ (mobile) \_\_\_\_\_ (landline)  
Email address: \_\_\_\_\_

***Please check carefully that these details are correct***

**It is really important that you are not pregnant at the time of the Implant insertion.**

Have you used the Implant before?  No  Yes

If answer "Yes": How long ago was it removed? \_\_\_\_\_

Did you have any side effects with it:  No  Yes

If answer "Yes", please give details: \_\_\_\_\_

What date was the first day of your last period? \_\_\_\_\_

Was this a normal period for you, at the expected time?

No  Yes

What is your current contraceptive method?

pills  patch  vaginal ring  Injection  Implant  Condoms Other: \_\_\_\_\_  
(Please specify)

Have you taken EMERGENCY CONTRACEPTION in the last 3 weeks?

No  Yes

**If required, please continue using your contraception reliably until your Implant is fitted**

For your safety, we must ask some sensitive questions to assess the risks of sexually transmitted infections:

How long have you been together with your current sexual partner?

Have you had a new sexual partner in the last 12 months?

No  Yes

Have you had more than one sexual partner in the last 12 months?

No  Yes

Does your sexual partner have other sexual partners?

No  Yes

Have you ever had any sexually transmitted infections?

No  Yes

Have you been in contact with anyone who has had a sexually transmitted infection (STI)?

No  Yes

Have you had any new vaginal discharge?

No  Yes

*If the answers to any of the infection questions are **YES**, please visit the website [SH.UK](http://SH.UK) and register to receive an STI screening kit.*

*You can then do the STI screen in the comfort of your own home and once complete please post as per the instructions. The results will be sent as a text to your mobile phone.*

**Are you experiencing abnormal vaginal bleeding? By that we mean bleeding between periods, bleeding after sex or new and un-investigated bleeding that is heavier or irregular?**

No  Yes

**Have you had a Termination of Pregnancy (abortion) in the last 3 weeks?**

No  Yes

**Are you up to date with your cervical screening?**

No  Yes

**Do you have any other medical conditions? Please give details...**

No  Yes

**Do you take any medication? Please give details...**

No  Yes

**Are you allergic to anything? Please give details...**

No  Yes

**Have you ever had a local anaesthetic for any other procedure?**

No  Yes

**If "YES", were there any problems with the anaesthetic?**

No  Yes

**If "YES", please give details:**

**Is there any other information you would like to tell us that you think might be important or helpful?**

e.g. you are needle phobic; faint easily; have had problems with hormones in the past etc...

**Although we cannot guarantee a time to call you back, which would be your preferred time slot?**

Morning

Afternoon

Evening (before 6:30)

We will try to call you on two occasions – the number will be displayed as withheld.

If we are unable to contact you by phone, we will send an SMS or leave a voice message inviting you to call in to make an appointment. If you **do not** want us to leave a voice message or send an SMS, please check the box.

You can access a helpful video on implant fitting via the following link:

<https://www.youtube.com/watch?v=ioVohgaQSm8>

Link to information on Contraceptive Implant:

<https://www.contraceptionchoices.org/contraceptive-method/implant>

- Please be prepared to provide a urine specimen on the day, prior to your procedure.
- Please ensure you have eaten and been drinking normally prior to the appointment.
- It is advisable to wear a loose or short sleeved top.
- Please do not bring any children to the appointment
- You may bring someone to accompany you to wait in the waiting room during your appointment

If there is any risk of pregnancy, it may not be possible to fit the Implant. So, please either abstain from sex or use a reliable method of contraception correctly for at least **21 days** prior to the procedure (reliable methods of contraception do **not** include withdrawal or fertility awareness methods/Apps).