

ASSESSMENT FOR CONTRACEPTIVE IMPLANT EXCHANGE



The ENG-IMP (Contraceptive Implant/Nexplanon) provides very effective contraception for 3 years. It is estimated to be 99.95% effective in its first year and the contraceptive effect is lost rapidly after removal. It *may* also provide help with heavy or painful periods.

In order that we offer the best and safest service and to ensure our appointments are used optimally, please fill in the questionnaire below. **Email completed form to: mtw-tr.coilassessmentdoc@nhs.net**

Once you have returned the form, one of our staff will be in touch within 14 days to book your Implant exchange appointment. Please contact us via the email above if you don't hear anything within 14 days of submitting your form.

Full Name: _____ DOB: _____ Age: _____
Phone number: _____ (mobile) _____ (landline)
Email address: _____

Please check carefully that these details are correct

It is important that you are not pregnant at the time of the Implant exchange.

When was your Contraceptive Implant fitted? (date) _____

Are you able to feel the implant? No Yes

Has anyone else tried, and failed to remove your Implant? No Yes

If your Implant has been in place for more than 3 years:

- **What date was the first day of your last period?** _____
- **Was this a normal period for you, at the expected time?** No Yes
- **Are you using any other method of contraception since it expired?** No Yes
- **If the answer to the above question is "YES", what is your current contraceptive method?**
 pills patch vaginal ring Injection Condoms Other: _____
(Please specify)

Have you taken EMERGENCY CONTRACEPTION in the last 3 weeks?

No Yes

If required, please continue using your contraception reliably until your Implant is exchanged

For your safety, we must ask some sensitive questions to assess the risks of sexually transmitted infections:

How long have you been together with your current sexual partner?

Have you had a new sexual partner in the last 12 months?

No Yes

Have you had more than one sexual partner in the last 12 months?

No Yes

Does your sexual partner have other sexual partners?

No Yes

Have you ever had any sexually transmitted infections?

No Yes

Have you been in contact with anyone who has had a sexually transmitted infection (STI)?

No Yes

Have you had any new vaginal discharge?

No Yes

*If the answers to any of the infection questions are **YES**, please visit the website SH.UK and register to receive an STI screening kit.*

You can then do the STI screen in the comfort of your own home and once complete please post as per the instructions. The results will be sent as a text to your mobile phone.

Are you experiencing abnormal vaginal bleeding? By that we mean bleeding between periods, bleeding after sex or new and un-investigated bleeding that is heavier or irregular?

No Yes

Have you had a Termination of Pregnancy (abortion) in the last 3 weeks?

No Yes

Are you up to date with your cervical screening?

No Yes

Do you have any other medical conditions? Please give details...

No Yes

Do you take any medication? Please give details...

No Yes

Were there any problems when you had your current Implant fitted No Yes

If "YES", please give details:

Is there any other information you would like to tell us that you think might be important or helpful?

e.g. you are needle phobic; faint easily, etc...

Although we cannot guarantee a time to call you back, which would be your preferred time slot?

Morning Afternoon Evening (before 6:30)

We will try to call you on two occasions – the number will be displayed as withheld.

If we are unable to contact you by phone, we will send an SMS or leave a voice message inviting you to call in to make an appointment. If you **do not** want us to leave a voice message or send an SMS, please check the box.

You can access a helpful video on implant fitting via the following link:

<https://www.youtube.com/watch?v=ioVohgaQSm8>

Link to patient information leaflet on Contraceptive Implant:

<https://www.contraceptionchoices.org/contraceptive-method/implant>

- Please be prepared to provide a urine specimen on the day, prior to your procedure.
- Please ensure you have eaten and been drinking normally prior to the appointment.
- It is advisable to wear a loose or short sleeved top.
- Please do not bring any children to the appointment
- You may bring someone to accompany you to wait in the waiting room during your appointment

If there is any risk of pregnancy, it may not be possible to exchange the Implant. So, if your Implant is not in date i.e. fitted more than 3 years ago, please either abstain from sex or use a reliable method of contraception correctly for at least **21 days** prior to the procedure (reliable methods of contraception do **not** include withdrawal or fertility awareness methods/Apps).