

Ref: FOI/GS/ID 8571

**Please reply to:**  
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23 October 2023

### **Freedom of Information Act 2000**

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Guidelines on the treatment of insomnia in adults.

*You asked: All questions are shown as received by the Trust.  
Does Maidstone and Tunbridge Wells NHS Trust have any local treatment guidelines, pathways or protocols for treatment of insomnia in adult patients?*

Trust response:

Maidstone and Tunbridge Wells NHS Trust does not treat patients for insomnia. This is a Primary Care service.