Ref: FOI/GS/ID 8303

31 August 2023

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Mental health, eating disorders and obesity.

You asked:
I would like you to provide this information in the following format:
Broken down by month, age and sex where possible.
1. The number of people admitted to your Trust's hospital with an eating disorder between January 2013 and July 2023 or the latest data available and their length of duration of stay in hospital to the nearest day.
2. The number of people admitted to your Trust's hospital with anorexia between January 2013 and July 2023 or the latest data available and their length of duration of stay in hospital to the nearest day.
3. The number of people admitted to your Trust's hospital where obesity was the cause or a significantly contributing factor between January 2013 and July 2023 or the latest data available. the condition diagnosed and their length of duration of stay in hospital to the nearest day.
4. The number of patients who have undergone weight loss surgery at your Trust's hospital between January 2013 and July 2023 broken down by type of surgery (e.g. bariatric).
5. The number of patients who have been referred to a specialist weight management service at your hospital if applicable, between January 2013 and July 2023.
6. The number of children attending your emergency department where their mental health was recognised as the cause for presenting between January 2013 and July 2023 or the latest data available.

Trust response:
1. Please note we cannot go back as far as 2013, 2016/17 is the earliest we can report.

Contract Year	Values	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
2016/2017	Admissions	1			2		1				2		1	7
	Average of LOS	12			10.5		2				14		6	9.9
2017/2018	Admissions			2		1				3	4	2	1	13
	Average of LOS			0.5		55				2.7	9.8	18.5	1	10.8
2018/2019	Admissions	4	1	3	1	7	3	1	5	5	1	2	10	43
	Average of LOS	10	1	11	0	3.4	10.3	0	5.4	5.2	0	29.5	6.8	7.2
2019/2020	Admissions	4	3	1		2	1	3	1	3	4	3		25
	Average of LOS	2.3	8.7	0		4.5	18	8.3	1	5.3	10.3	10		7
2020/2021	Admissions	2	2	2	4	3	5	4	2	3	6	8	6	47
	Average of LOS	4.5	7.5	5.5	6.5	7.3	9.8	12.8	23	12.3	13.7	8	12.2	10.3
2021/2022	Admissions	3	8	1	5	3	5	5	4	1	4	5	6	50
	Average of LOS	5.3	20.9	10	28.2	23.7	7.2	30.2	18.3	0	6.3	6.6	6	15.2
2022/2023	Admissions	4	3	4	6	7	5	4	6	7	3	4	4	57
	Average of LOS	3.8	4	1.5	12.3	10.1	11.4	6	9	11.1	4	13.3	17.8	9.2
2023/2024	Admissions	7	4	3										14
	Average of LOS	5.1	8.5	13.3										7.9

2. Please note this data is based on patients with a primary diagnosis of anorexia nervosa & atypical anorexia nervosa.

Contract Year	Values	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
2016/2017	Admissions	1			2						2		1	6
	Average of LOS	12			10.5						14		6	11.2
2017/2018	Admissions			1		1				3	3	1	1	10
	Average of LOS			0		55				2.7	10.7	21	1	11.7
2018/2019	Admissions	2	1	2	1	4	3		2	3		1	10	29
	Average of LOS	19.5	1	11.5	0	6	10.3		11.5	7.7		56	6.8	9.9
2019/2020	Admissions	3	3			1	1	2	1	2	3	3		19
	Average of LOS	2.3	8.7			9	18	12.5	1	6.5	10.7	10		8.5
2020/2021	Admissions	2	1	1	1		3	1	1	2	1	4	2	19
	Average of LOS	4.5	9	0	9		12.3	29	21	15	5	10.3	21.5	12.3
2021/2022	Admissions	2	4		3	2	4	1	1		3	1	1	22
	Average of LOS	2.5	25.5		23.3	32	9	0	67		8.3	8	0	17.1
2022/2023	Admissions	2	2		1	3	2		4	4	2	2	2	24

	Values	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
	Average of LOS	0.5	6		12	9.7	28.5		10.5	10.5	6	20	35.5	13.3
2023/2024	Admissions	4	2	1										7
	Average of LOS	7.3	3	17										7.4

3. Please note this data is based on patients with a primary diagnosis of obesity.

Contract Year	Values	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
2016/2017	Admissions			2					1	2			2	7
	Average of LOS			7.5					0	5.5			59.5	20.7
2017/2018	Admissions					1			2				1	4
	Average of LOS					9			3				30	11.3
2018/2019	Admissions									1				1
	Average of LOS									64				64
2019/2020	Admissions				1			1				3		5
	Average of LOS				7			0				4		3.8
2020/2021	Admissions				1			1	2	1			5	10
	Average of LOS				0			1	12	0			0.2	2.6
2021/2022	Admissions	3			1	1	2	1	2			1	2	13
	Average of LOS	0			0	0	0	0	0			1	0	0.1
2022/2023	Admissions	1	2		3	2	2	2	2	1	3	4	6	28
	Average of LOS	0	11		0	0	6.5	6.5	5.5	23	2.7	0.8	5	4.4
2023/2024	Admissions	6	6	4										16
	Average of LOS	1.3	3.5	6.5										3.4

4.

			2022/23			2023/24		
Activity Type	Primary Procedure	Procedure Detail	Jan	Feb	Mar	Apr	May	Jun
Elective	**PARTIAL EXCISION OF STOMACH**	SLEEVE GASTRECTOMY NEC	2	3	5	4	4	3

5. Please note we cannot report purely on weight loss management. The following figures relate to a specific consultant and not be 100% for weight loss management.

	2022/2023												2023/2024			
	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Total	11	17	23	25	22	12	24	30	3	44	11	22	26	47	14	46

6. Please note: Total A is the count of patients triggering the Mental Health (MH) presentation flag. This is patients for whom some kind of mental health issue has been recorded on that particular visit.

Total B is the count of patients triggering the MH primary flag. This is designed to identify patients whose primary reason for attendance is a MH condition. B is a subset of A. Patients triggering this flag will include:
-        Any patient identified as self-harming, suicidal, intentional overdose or mental health crisis
-        Any patient sectioned under the Mental Health Act
-        Any patient receiving a referral to psychiatric liaison
-        Any patient subsequently admitted who attracts a primary diagnosis on a list of conditions agreed with our urgent care team

A new ED system was implemented in the summer of 2021 that increased identification of mental health presentations by 500-700%

The numbers here are lower than in the last attempt at this. Our mental health flagging system is still in development, and the methodology is improving all the time. Reasons for the difference since Dec 2022 are:
1) The methodology identified any patient with a mental health condition, which is a broader measure than total A, and includes patients that were identified as MH on a recent previous visit, but not necessarily on the current one.
2) One of the triggers for the MH flag is substance abuse. We have since changed the algorithm for younger patients, as it was flagging a lot of younger children who had accidentally overdosed on alcohol or prescription medications.

Children (under 16s) attending ED with mental health presentations for the available years.

Year	Total A	Total B
2017/18	260	127
2018/19	219	89
2019/20	150	65
2020/21	168	108
2021/22	1,111	730
2022/23	1,519	850