

Ref: FOI/GS/ID 7746

Please reply to:
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Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Myalgic Encephalomyelitis or chronic fatigue syndrome (ME/CFS).

You asked:

- 1. Has Maidstone and Tunbridge Wells NHS Trust implemented the NICE guidelines [NG206] on Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome: diagnosis and management, which were published on 29 October 2021? If the NICE guidelines [NG206] on the diagnosis and management of ME/CFS have not been implemented, what is the intended timetable and deadline for implementation?*
- 2. How many patients with a diagnosis of ME/CFS are receiving care from Maidstone and Tunbridge Wells NHS Trust as of the date of this FOI request?*
- 3. Of those receiving care for ME/CFS from Maidstone and Tunbridge Wells NHS Trust, how many have a personalised care and support plan in place as of the date of this FOI request?*
- 4. What training has been provided by Maidstone and Tunbridge Wells NHS Trust for healthcare professionals on the implementation of the NICE guidelines [NG206] on diagnosis and management of ME/CFS since 29 October 2021?*
- 5. What written information is being provided to health professionals and patients on websites in line with the recommendations on diagnosis and management in the NICE guidelines [NG206].*

Trust response:

1. The Trust does not provide a 'ME/CFS specialist team' as defined in the NICE guidelines.
Our practice is to advise referral to KMPT | Chronic Fatigue Syndrome /Myalgic Encephalopathy service.
All remaining questions are not applicable.