

Ref: FOI/GS/ID 7584

Please reply to: FOI Administrator Trust Management Maidstone Hospital Hermitage Lane Maidstone, Kent ME16 9QQ

Email: mtw-tr.foiadmin@nhs.net

www.mtw.nhs.uk

22 September 2022

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Axial Spondyloarthritis Services.

You asked:

- 1. On behalf of which NHS Trust are you responding?
- 2. Does your Trust have a local inflammatory back pain pathway in place?
- 3. Do you have a local education programme for primary care practitioners including GPs and first contact practitioners? Please give details.
- 4. Are you aware of the average current waiting time from when a patient is referred from their GP to receiving their diagnosis. By this we mean from the moment the referral is received by rheumatology until the patient receives an official diagnosis.
- 5. What is the average current waiting from when a patient is referred from their GP to receiving their diagnosis. By this we mean from the moment the referral is received by rheumatology until the patient receives an official diagnosis.
- 6. How do you ensure patients are given information and support following their diagnosis?

Please select all response options which apply

- 7. What guidance are patients with axial SpA given when deciding whether to access biologic treatment?
- 8. Does the rheumatology department have access to a specialist physiotherapist.
- 9. What percentage of adults with axial SpA (AS) are referred to a specialist physiotherapist as described above for a structured exercise programme within your local area when first diagnosed?
- 10. Do you provide patients with individual care plans when they are newly diagnosed?
- 11. Does this include specific information on flares?

- 12. Does the Trust have a dedicated axial SpA clinic? By this we mean a day or time when patients with axial SpA are seen by a multi-disciplinary team.
- 13. Which health professionals are available as part of the axial SpA clinic multi-disciplinary team?
- 14. Are axial SpA (AS) patients under the care of a rheumatologist offered access to psychological services?

Trust response:

1. Maidstone and Tunbridge Wells NHS Trust

2.

⊠ No

3.

⊠ No

4.

☑ Don't know / not sure

5.

Option	Please tick here (one option only)
2 – 3 months	x

6.

Option	Please tick here (tick all that apply)
Written information	X
Verbal information	X
Access to a helpline	X

7.

- $\ oxdot$ Discussion with rheumatologist/rheumatology nurse specialist / other HCP
- 8.
- ☑ No, patients are referred to community physiotherapy

9.

unsure

10.

11.

Yes

12.

13.

- □ Consultant rheumatologist
- ☑ Registrar rheumatologist

14.

⊠ No

Please give details of any mental health support available.

No access