

A day in the life of...

Meet Tom Reynolds

Clinical Lead Orthopaedic Physiotherapist
at Tunbridge Wells Hospital



Prior to starting my career as a physiotherapist, I used to work as a ski instructor travelling around the world.

Unfortunately, in 2003 I suffered a career-ending injury and knowing that I would have to retrain, it was during my rehabilitation that I became interested in physiotherapy. I then started my formal training to become a physiotherapist at Brunel University back in 2004. I qualified in 2008 and joined the Therapies team at MTW in March 2009.

I started as a band 5 physiotherapist and worked in both outpatient and inpatient physiotherapy. In 2012 I moved to specialise in Trauma and Orthopaedics where I have remained. I was very fortunate to have the opportunity to become the clinical lead physiotherapist within Trauma and Orthopaedics.

My day is split between clinical and non-clinical work. I lead the team on rehabilitation of our trauma patients, dealing with simple ankle fractures, and also supporting our polytrauma patients that have multiple injuries. I am a specialist in spinal trauma and lead in the Trust on education in spinal fracture rehabilitation and education on spinal braces. I work cross site, but am currently mostly based at Tunbridge Wells Hospital.

What do I like best about my role? I like the multidisciplinary work that is needed for the rehabilitation of trauma patients. In Trauma and Orthopaedics every team member has a vital role to play after a patient has undergone their surgery or injuries. The fast pace of Trauma and Orthopaedics is very enjoyable, can be a bit stressful at times, but as a multi-disciplinary team we always pull together for the best interests of our patients. I find this very rewarding.

I find it very enjoyable working in the Therapies department. We are a fun team that is always open to new ideas and very focused on the rehabilitation of our patients; we always strive to achieve the best outcomes for our patients. Having the ability to develop as a team in MTW is very important to me.

Interested in a career in Therapies? Why not join us!

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