

Ref: FOI/GS/ID 7131

Please reply to:
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02 February 2022

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to prehabilitation services.

You asked:

Name of your NHS Trust / Local Health Board / Health and Social Care Trust:

- 1. Does your organisation offer patients a prehabilitation programme?
Are you planning to set up a prehabilitation programme in the next 12 months in your organisation?*
- 2. For how long has your prehabilitation programme been running?*
- 3. Please provide the name and contact details of your organisation's prehabilitation lead/s*
- 4. The prehabilitation programme is being offered to patients undergoing:*
- 5. For surgical specialties that involve cancer and benign disease, prehabilitation is offered to:*
- 6. What does your prehabilitation programme include and where / how is it delivered?*
- 7. Has the delivery of your prehabilitation programme changed due to the COVID-19 pandemic?*
- 8. Which of the following clinical specialties are involved in delivering your prehabilitation programme?*
- 9. Which of the following risk factors are patients screened for before starting prehabilitation?*
- 10. At which point in the treatment pathway are patients referred to your prehabilitation programme?*
- 11. Do you collect any of the following as part of a service audit, quality assurance or improvement framework?*
- 12. Do you use any of the following to assess patient adherence / engagement with the prehabilitation programme?*
- 13. Who funds your organisation's prehabilitation service?*

Trust response:

1. This is not a service we offer in medicine at Maidstone and Tunbridge Wells NHS Trust.

1.a. We refer patients to another Trust for this service.

All other questions are not applicable.