

Ref: FOI/GS/ID 7007

Please reply to:
FOI Administrator
Trust Management
Maidstone Hospital
Hermitage Lane
Maidstone, Kent
ME16 9QQ
Email: mtw-tr.foiadmin@nhs.net
www.mtw.nhs.uk

11 November 2021

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to mechanical restraints.

You asked:

- 1. Does the NHS Trust authorise the use of any kind of mechanical restraint?*
- 2. What types of Mechanical Restraint is authorised? e.g. Handcuffs; Soft Cuffs; Velcro Leg restraints; Emergency Response Belts (ERB). Spit hoods*
- 3. Is the necessary training to apply the authorised form of mechanical restraint linked to a nationally recognised training qualification?*
- 4. Does the NHS Trust authorise the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response?*
- 5. Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 -September 2021*

Trust response:

1. No
2. Not applicable
3. Not applicable
4. The Trust has used Posey mitts following risk assessments, these are used very rarely.
5. Not applicable