

Ref: FOI/GS/ID 6306

**Please reply to:**  
FOI Administrator  
Trust Management  
Maidstone Hospital  
Hermitage Lane  
Maidstone, Kent  
ME16 9QQ  
Email: mtw-tr.foiadmin@nhs.net

03 November 2020

## **Freedom of Information Act 2000**

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Hydrotherapy provision in England.

*You asked:*

- 1. On behalf of which Trust are you responding?*
- 2. Does your trust have an on-site hydrotherapy pool?*
- 3. Does your trust have access to an offsite hydrotherapy pool?*
- 4. Was the hydrotherapy pool open prior to the COVID-19 pandemic?*
- 5. Will the hydrotherapy pool be re-opening?*
- 6. When is the pool scheduled to re-open?*
- 7. Why is that? (Please select all that apply)*
- 8. Is / will your service capacity be reduced as a result of COVID-19?*
- 9. What capacity will you be able to offer? Please enter a percentage (%).*
- 10. Why is that? (Please select all that apply)*
- 11. What are the reasons that you don't have access to a hydrotherapy pool? (Please select all that apply)*
- 12. Approximately how many people with any condition used the pool on a weekly basis?*
- 13. Which condition areas use the hydrotherapy pool?*
- 14. What percentage of users were/are people with axial Spondyloarthritis (axial SpA) including ankylosing spondylitis (AS)? We understand you may not record this level of detail so please do give your best estimate.*
- 15. Do you currently audit the use and effectiveness of hydrotherapy?*
- 16. Please list outcome measures or tools used to audit the use and effectiveness of hydrotherapy.*
- 17. If you are happy to be contacted to discuss your responses please let us know your name, position and email address.*

Trust response:

1. Maidstone & Tunbridge Wells NHS Trust

2. NO

3. Yes

4. Yes

5.

Yes, it is already open

6. Not applicable

7. Not applicable

8. Yes

9. Currently less than 30% as reduced demand & we are only accessing the pool one morning a week instead of our normal 2 mornings. We have 1 Physio in the pool at a time instead of 2.

10.  Other

11. Not applicable

12. Currently, 4-5 patients a week. Pre Covid up to 20 patients a week

13.  Rheumatology / MSK

14. Less than 5%

15.  Yes

16. PSFS

17. Carol.kinsella@nhs.net

Clinical Manager Outpatient Physiotherapy