

Ref: FOI/GS/ID 5359

**Please reply to:**  
FOI Administrator  
Trust Management  
Maidstone Hospital  
Hermitage Lane  
Maidstone, Kent  
ME16 9QQ  
Email: mtw-tr.foiadmin@nhs.net

07 October 2019

## **Freedom of Information Act 2000**

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Outpatient hysteroscopy/biopsy.

*You asked:*

*1. a) Have your hysteroscopists read the following statement issued by the RCOG in December 2018 - Y/N?*

*b) Have your hysteroscopy managers read the following statement – Y/N?*

*<https://www.rcog.org.uk/en/guidelines-re...>*

*The British Society for Gynaecological Endoscopy published this statement in December 2018:*

*"Diagnostic hysteroscopy is a commonly performed investigation; it is safe and of short duration. Most women are able to have the procedure in an outpatient setting, with or without local anaesthesia, and find it convenient and acceptable. However, it is important that women are offered, from the outset, the choice of having the procedure performed as a day case procedure under general or regional anaesthetic. Some centres are also able to offer a conscious sedation service in a safe and monitored environment. It is important that the procedure is stopped if a woman finds the outpatient experience too painful for it to be continued. This may be at the request of the patient or nursing staff in attendance, or at the discretion of the clinician performing the investigation."*

---

*2. Please are ALL your hysteroscopy patients from the outset routinely offered the choice of having hysteroscopy as a day case procedure a) under GA – Y/N? b) under regional anaesthetic – Y/N? c) with IV sedation?*

*3. Do your hysteroscopy consent forms contain tick-boxes to enable a patient to choose a) GA – Y/N? b) regional anaesthesia – Y/N? c) IV sedation – Y/N?*

*4. Have all your outpatient hysteroscopy teams received written instruction to monitor the patient throughout the procedure, to ask if she is experiencing*

*pain, and to stop if the patient asks or is showing signs of severe pain or distress – Y/N?*

*5. Do all your hysteroscopy clinics routinely record ALL patients' VAS pain-scores a) as hysteroscope passes through the cervix – Y/N, b) at biopsy – Y/N?*

*6. Does your hysteroscopy department send all its patients the RCOG's Patient Information Leaflet, published on its website - Y/N?*

*<https://www.rcog.org.uk/en/patients/pati...>*

*7. Does your hysteroscopy department intend to start using the RCOG leaflet – Y/N? If so, in which month/year?*

*8. If your hysteroscopy department uses its own Patient Information Leaflet, please may I have a link to it?*

*9. Does the leaflet include ALL the key points listed (below) by the RCOG – Y/N?*

Trust response:

1.
  - a) YES
  - b) YES
2. c) YES
3. c) YES
4. YES
5. NO
6. YES
7. ALREADY USING
8. USING THE RCOG GUIDELINE LEAFLET
9. YES