

Ref: FOI/GS/ID 5757

**Please reply to:**  
FOI Administrator  
Trust Management  
Maidstone Hospital  
Hermitage Lane  
Maidstone, Kent  
ME16 9QQ  
Email: mtw-tr.foiadmin@nhs.net

07 October 2019

## **Freedom of Information Act 2000**

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Bowel preparation for colonoscopy.

*You asked:*

*All of the questions refer to colonoscopy procedures performed between 1st January 2018 and 1st January 2019.*

- 1. What is the first line bowel preparation laxative that is offered to patients undergoing colonoscopy?*
- 2. Do you offer any alternative bowel preparation laxatives for patients undergoing colonoscopy?*
- 3. How many patients received each bowel preparation laxative between 1st January 2018- 1st January 2019?*
- 4. What were the number of patients receiving each bowel preparation laxative who had inadequate bowel preparation between 1st January 2018- 1st January 2019?*
- 5. Are patients undergoing colonoscopy advised to take the bowel preparation at a single time or split over two different times?*
- 6. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for a morning colonoscopy appointment?*
- 7. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an afternoon colonoscopy appointment?*
- 8. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an evening colonoscopy appointment?*
- 9. Are patient's advised to consume a particular diet prior to their colonoscopy? If so what diet are they advised to consume? How many days are they advised to consume it for?*

10. Do any of your patients attend a specific pre assessment clinic after they are referred for colonoscopy, but before they attend on the day of their endoscopy to receive more detailed endoscopy information? What is the criteria for referral to this pre assessment clinic?
11. How many patients are seen in this pre assessment clinic between 1st January 2018- 1st January 2019?
12. How many colonoscopies did you perform in the last year (1st January 2018- 1st January 2019)
13. During the period of 1st January 2018- 1st January 2019:
  - a. How many patients were documented as having excellent bowel preparation?
  - b. What was the polyp detection rate in patient with excellent bowel preparation?
  - c. How many patients were documented as having good bowel preparation?
  - d. What was the polyp detection rate in patient with good bowel preparation?
  - e. How many patients were documented as having fair bowel preparation?
  - f. What was the polyp detection rate in patient with fair bowel preparation?
  - g. How many patients were documented as having inadequate bowel preparation?
  - h. What was the polyp detection rate in patient with inadequate bowel preparation?
14. How many patients had a morning appointment during the period of 1st January 2018- 1st January 2019?
15. How many patients who had a morning appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?
16. How many patients had an afternoon appointment during the period of 1st January 2018- 1st January 2019?
17. How many patients who had an afternoon appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?
18. How many patients had an evening appointment during the period of 1st January 2018- 1st January 2019?
19. How many patients who had an evening appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?
20. If a patient has a repeat colonoscopy due to inadequate bowel preparation, do you have a specific bowel preparation regime for those patients? If so what is it?

Trust response:

1. Moviprep
2. Moviprep not suitable, patients have the option of Picolax
- 3.
- Moviprep – 5629
- Picolax – 35
- 4.
- Moviprep – 130
- Picolax – 3
5. Patients take it split over two different times
6. This would require manually data extraction and analysis. The Trust has estimated that it will cost more than the appropriate limit to consider this part of your request. The appropriate limit is specified in regulations and

represents the estimated cost of one person spending 3½ working days in determining whether the Trust holds the information, locating, retrieving and extracting the information. Under Section 12 of the Freedom of Information Act 2000 the Trust is not obliged to comply with this part of your request and we will not be processing this part of your request further.

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10. No

11. Not applicable

12. 5265

13.

a. 1285

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c. 1356

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e. 643

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g. 225

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20. Yes, patient is asked to have 5 days of Senna and low residue diet before normal bowel preparation.