

Ref: FOI/GS/ID 5614

Please reply to:
FOI Administrator
Trust Management
Maidstone Hospital
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Email: mtw-tr.foiadmin@nhs.net

24 July 2019

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Mental Health Services.

You asked:

- 1. Does your organisation provide mental health services as part of the Improving Access to Psychological Therapies (IAPT) programme*
- 2. If so, can you provide information as to what services you provide as a 'first treatment'. Does this for example, include group therapy sessions, telephone appointments, face to face appointments with counsellors, or self-guided online tools or workbooks. Please list all forms of 'first treatment' types your IAPT service provides.*
- 3. For all types of 'first treatment' provided as part of your service, please the number of appointments that took place in 2018/19 of each type.*

Trust response:

Mental Health Services are supplied by Kent and Medway NHS and Social Care Partnership Trust.