

Ref: FOI/GS/ID 5281

**Please reply to:**  
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## **Freedom of Information Act 2000**

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Staff sickness.

*You asked:*

- 1. How many medical staff (doctors and nurses) were off sick in 2018 due to mental health reasons?*
- 2. Please could I have a breakdown of the figures for both doctors and nurses separately?*
- 3. How many days in total were taken off due to mental health reasons in 2018?*
- 4. How many medical staff (doctors and nurses) were off sick ten years earlier (2008) due to mental health reasons?*
- 5. Please could I have a breakdown of the figures for both doctors and nurses separately for 2008?*
- 6. How many days in total were taken off due to mental health reasons in 2008?*
- 7. Please could I also request a breakdown of what categories comes under 'mental health' - e.g. stress etc.*

Trust response:

1. 127 doctors and qualified nurses
2. 13 doctors staff, 114 qualified nurses
3. 3,501 FTE days were lost for doctors and nurses for Mental Health Reasons.
4. 46 doctors and qualified nurses  
2008 data based on sickness records which were recorded centrally at the time. This was a paper process back in 2008.
5. 1 doctor and 45 qualified nurses

6. 1,090 FTE Days were lost for doctors and nurses for Mental Health Reasons

7. The Trust groups the following mental health conditions together for reporting purposes: Anxiety, Stress, Depression, Other Psychiatric Illness