

Ref: FOI/GS/ID 5201

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Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Antenatal units.

You asked:

Demographics of pregnant women

What is the number of women from BME backgrounds who have given birth in 2014, 2015, 2016, 2017 and 2018?

What is the number of women who have given birth within each age category of under 16 years of age, 16-19 years, 20-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-50 years, over 50 years, for 2014, 2015, 2016, 2017, 2018?

What is the number of women who have given birth in 2014, 2015, 2016, 2017, 2018 for who English is not a first language?

What is the number of single parent families in 2014, 2015, 2016, 2017, 2018?

What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy) in 2014, 2015, 2016, 2017, 2018?

What is the number of pregnancies rated as high-risk pregnancies in 2014, 2015, 2016, 2017, 2018?

What was the number of elective caesareans in 2014, 2015, 2016, 2017, 2018?

What was the number of emergency caesareans in 2014, 2015, 2016, 2017, 2018?

What was the number of pre-term births in 2014, 2015, 2016, 2017, 2018?

What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services) in 2014, 2015, 2016, 2017, 2018?

What was the number of home births in 2014, 2015, 2016, 2017, 2018?

What was the number of home births transported to hospital via ambulance during or after labour in 2014, 2015,2016,2017,2018?

Screening and treatment for mental health during pregnancy

Are women currently screened for mental health problems during pregnancy?

Are men currently screened for mental health problems during pregnancy?

If men and women are screen for mental health problems during pregnancy, how are they screened?

What services are offered to those suffering from mental health problems during pregnancy?

What information is given to those suffering with mental health problems during pregnancy?

What is the number of women identified as having mental health issue during pregnancy in 2014, 2015, 2016, 2017, and 2018? Please indicate the numbers in each of the following categories; depression, anxiety and psychosis.

How long was the waiting list for psychological treatment during pregnancy in 2014, 2015,2016,2017,2018?

What was the number of women prescribed anti-depressants during pregnancy in 2014, 2015,2016,2017,2018?

What was the number of suicides during pregnancy in 2014, 2015,2016,2017,2018?

What is the number of fathers identified as having mental health issues in 2014, 2015,2016,2017,2018?

What treatment is offered to those experiencing mental health problems during pregnancy?

Do you have pregnancy support groups?

What is the number of mental health specialists working within the antenatal unit?

What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems?

What is the lowest age of women referred during pregnancy for mental health problems?

Pregnancy information

What methods are used to deliver information to expectant parents during pregnancy?

What types of written information is given to expectant parents during pregnancy?

Does written information given during pregnancy contain information about mental health?

Can you provide examples of the written information given to women about mental health during pregnancy? (E.g. enclose a copy of the leaflet, take a photo of information, or provide a web link).

Is written information about pregnancy offered in languages other than English?

If written information is provided in other languages, which languages is the information provided in?

Postnatal information and mental health

What support offered to women who had a traumatic birth?

What support offered to men who had a traumatic birth?

Is written information offered after a traumatic birth?

Is counselling offered after a traumatic birth?

Are additional follow-up appointments standard after discharge from a traumatic birth?

What are the numbers of women identified as having postnatal depression?

What are the numbers of men identified as having postnatal depression?

What are the numbers of women identified with postnatal anxiety?

What are the numbers of men identified with postnatal anxiety?

What are the numbers of women with postnatal psychosis?

What are the numbers of men with postnatal psychosis?

How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period?

How many in-patient “mother and baby” psychiatric beds do you have?

What types of treatments are offered to women with depression after pregnancy?

What types of treatments are offered to men with depression after pregnancy?

What types of treatments are offered to women with anxiety after pregnancy?

What types of treatments are offered to men with anxiety after pregnancy?

What types of treatments are offered to women and men with psychosis after pregnancy?

What types of treatments are offered to men with psychosis after pregnancy?

Trust response:

Please see the following table.

		2016	2017	2018
Demographics of pregnant women				
What is the number of women from BME backgrounds who have given birth in 2014, 2015, 2016, 2017 and 2018?		NA(not applicable) Not reliably recorded	NA Not reliably recorded	NA Not reliably recorded
What is the number of women who have given birth within each age category?	under 16	<10	<10	<10
	16-19	179	183	155
	20-24	718	781	719
	25-29	1642	1611	1663
	30-34	2028	2025	2086
	35-39	1182	1187	1200
	40-44	205	239	231
	45-50	16	19	18
	over 50	<10	0	0
What is the number of women who have given birth in for whom English is not a first language? Identified as women with Language difficulties at booking		111	139	128
What is the number of single parent families? Identified only those women with no husband or partner to support at booking		266	342	346
What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy)		243	329	368
What is the number pregnancies rated as high-risk pregnancies Medical high risk at booking		985	1107	1006
What were the number of elective caesareans		709	774	808
What were the number of emergency caesareans		791	820	794
What were the number of pre-term births		350	335	345
What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services)		NA	NA	NA
What were the number of home births		155	137	156
What were the number of home births transported to hospital via ambulance during or after labour		NA	NA	NA
Screening and treatment for mental health during pregnancy				
Are women currently screened for mental health problems during pregnancy		Yes, at booking Whooley questions asked, and every antenatal contact women are asked about their emotional wellbeing.		

Are men currently screened for mental health problems during pregnancy	No
If men and women are screen for mental health problems during pregnancy, how are they screened	Women are screened by asking if they are experiencing MH problems, Whooley q's at booking. PHQ9 and GAD 7 screening tools are also used.
What services are offered to those suffering from mental health problems during pregnancy	AN Clinics run by PNMH Lead Consultant Obstetrician and PNMH Nurse. Referral if necessary to Specialist PNMH Teams, CMHT, Eating Disorder Service.
What information is given to those suffering with mental health problems during pregnancy?	Emotional Wellbeing in Pregnancy Leaflet, MTW website information, which includes medication information, links to mental health organisations nationally and locally, links to Tommy MH pages
What is the number of women identified as having mental health issue during pregnancy, Depression, Anxiety, Psychosis	NA
How long was the waiting list for psychological treatment during pregnancy	NA
What was the number of women prescribed anti-depressants during pregnancy	NA
What was the number of suicides during pregnancy	NA
What is the number of fathers identified as having mental health issues	NA
What treatment is offered to those experiencing mental health problems during pregnancy?	Clinic appointments with PHMH Nurse, referral to local mental health support groups, referral to appropriate mental health teams.
Do you have pregnancy support groups?	No
What is the number of mental health specialists working within the antenatal unit?	1
What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems?	NA
What is the lowest age of women referred during pregnancy for mental health problems?	16
Pregnancy information	
What methods are used to deliver information to expectant parents during pregnancy?	Leaflets, information on Trust website, signposting to trusted websites e.g. NHS.net
What types of written information is given to expectant parents during pregnancy?	Leaflets, information within hand held records
Does written information given during pregnancy contain information about mental health?	Yes
Can you provide examples of the written information given to women about mental health during pregnancy? (e.g. enclose a copy of the leaflet, take a photo of information, or provide a weblink)	https://www.mtw.nhs.uk/service/maternity/your-pregnancy/perinatal-mental-health/

Is written information about pregnancy offered in languages other than English?	Some leaflets can be downloaded in other languages
If written information is provided in other languages, which languages is the information provided in?	Dependent on website
Postnatal information and mental health	
What support offered to women who had a traumatic birth?	Women experiencing a traumatic birth, can access a de-briefing session from a Consultant Obstetrician, meeting with PNMH Nurse. Birth Trauma Resolution offered
What support offered to men who had a traumatic birth?	Nil at present. men would be directed to see their GP
Is written information offered after a traumatic birth?	No written information given, women are directed to Birth Trauma Association website.
Is counselling offered after a traumatic birth?	Women experiencing a traumatic birth, can access a de-briefing session from a Consultant Obstetrician, meeting with PNMH Nurse. Birth Trauma Resolution offered
Are additional follow-up appointments standard after discharge from a traumatic birth?	Not routinely offered
What are the numbers of women identified as having postnatal depression?	NA
What are the numbers of men identified as having postnatal depression?	NA
What are the numbers of women identified with postnatal anxiety?	NA
What are the numbers of men identified with postnatal anxiety?	NA
What are the numbers of women with postnatal psychosis?	NA
What are the numbers of men with postnatal psychosis?	NA
How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period?	NA
How many in-patient "mother and baby" psychiatric beds do you have?	None within our trust
What types of treatments are offered to women with depression after pregnancy?	These questions about types of treatment after pregnancy would fall outside the scope of the midwifery service who see women typically up to 14-28 days. Any treatments would be via the family's GP, Mental Health Team, or IAPT services.
What types of treatments are offered to men with depression after pregnancy?	
What types of treatments are offered to women with anxiety after pregnancy?	
What types of treatments are offered to men with anxiety after pregnancy?	
What types of treatments are offered to women with psychosis after pregnancy?	
What types of treatments are offered to men with psychosis after pregnancy?	

