

Ref: FOI/GS/ID 5179

Please reply to:
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Trust Management
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07 January 2019

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Childbirth Related Perineal Trauma (CRPT).

You asked:

Please provide the name and city of the unit that you work in

NHS Trust name:

City:

Please underline the answers most relevant to the unit you work in

- 1. How many births are there per annum at the unit where you work?*
- 2. Does your Trust have a Clinical Lead for Childbirth Related Perineal Trauma?*

If Yes

Name of clinical lead or service lead:

Job Title:

- 3. What care pathway does your Trust use for the repair of 1st and 2nd degree (not 3rd/4th degree OASI trauma) Childbirth Related Perineal Trauma (CRPT)?*
- 4. Does your Trust provide separate packs for delivery instruments and perineal repair instruments or is it all in one combined sterile pack?*
- 5. Does your Trust guideline advise changing gloves prior to repairing 1st and 2nd degree CRPT?*
- 6. Does your Trust guideline advise wearing a sterile gown when repairing 1st and 2nd degree CRPT?*
- 7. Does your Trust advise cleansing the perineum prior to repairing 1st and 2nd degree CRPT?*
- 8. Which cleansing solution does your Trust advise using prior to repairing 1st and 2nd degree CRPT?*
- 9. Please provide the specific reference in your Trust guidelines to support the cleansing solution advised.*

Trust response:

Please provide the name and city of the unit that you work in

NHS Trust name: Maidstone and Tunbridge Wells NHS Trust

Town: Tunbridge Wells

1. How many births are there per annum at the unit where you work?

5001-6000

2. Does your Trust have a Clinical Lead for Childbirth Related Perineal Trauma?

No

3. What care pathway does your Trust use for the repair of 1st and 2nd degree (not 3rd/4th degree OASI trauma) Childbirth Related Perineal Trauma (CRPT)?

Local Trust guideline

4. Does your Trust provide separate packs for delivery instruments and perineal repair instruments or is it all in one combined sterile pack?

Separate

5. Does your Trust guideline advise changing gloves prior to repairing 1st and 2nd degree CRPT?

Yes

6. Does your Trust guideline advise wearing a sterile gown when repairing 1st and 2nd degree CRPT?

Yes

7. Does your Trust advise cleansing the perineum prior to repairing 1st and 2nd degree CRPT?

Yes

8. Which cleansing solution does your Trust advise using prior to repairing 1st and 2nd degree CRPT?

Tap water – but not specified in guidance

9. Please provide the specific reference in your Trust guidelines to support the cleansing solution advised.

Specific reference:

- NICE (2014) Intrapartum Guideline recommends 'aseptic technique'
- Local guideline states for repair of 1st and 2nd degree tears "An aseptic technique should be used to reduce the risk of infection. The area should be cleaned thoroughly and draped with a sterile shield. A sterile gown and gloves must be worn"