

Contraception and Sexual Health Services in the West Kent Area



CLINIC	SESSION
RUBIN CLINIC Tunbridge Wells, Tonbridge, Maidstone & Seven-oaks tel: 01622 225713	Monday to Saturday Various appointment times and drop ins
CRANBROOK Jockey Lane Cranbrook, Kent TN17 3JN	Monday 3.30pm – 5.30pm Drop in for under 25s
SNODLAND Young People and Children Centre, Malling Road ME6 5HS (Samay's)	Tuesday 3 - 5pm 2nd and 4th week of the month Drop in for under 25s
FUSION CAFÉ 2-3 Cobb Way, Park Wood ME15 9XF	Wednesday 3 – 5.30pm 1st and 3rd week of the month Drop In for Under 25s
TONBRIDGE Youth Hub Block C, Adult Education Centre Avebury Ave TN9 1TG	Thursday 3 - 5 pm 1st and third week of the month Drop in
Tunbridge Wells Youth Hub 39a Grove Hill Road, Tunbridge Wells, TN1 1SD	Thursday 3 – 5pm 2nd and 4th of the month Drop in
INFO ZONE Youth Hub Maidstone ME15 6NF	First Friday of the Month 3-5pm
School / College Clinics	Drop In Term Time Only
MALLING SCHOOL (Alt weeks)	Monday 1.20 - 2.20pm In the Tydeman Block
MID KENT COLLEGE Oakwood Campus	Monday 12 – 2pm By New Reception
NEW LINE LEARNING Academy Boughton Lane, Loose, ME15 9QL (Alt weeks)	Tuesday 3 - 5 pm Medical Corridor
St AUGUSTINE ACADEMY Oakwood Campus (Alt weeks)	Wednesday 3 - 4.30pm In the Sports Centre Reception
AYLESFORD Sports College Tea Pot Lane, Aylesford	Thursday 12.00 – 2 pm

You can get emergency oral contraception at these local pharmacies:

Opening Times		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gosrani Pharmacy	11 Martin Hardie Way, Tonbridge, TN10 4AE	08.30-18.00	08.30-18.00	08.30-18.00	08.30-18.00	08.30-18.00	09.00-13.00	CLOSED
Hadlow Pharmacy	The Square, Hadlow, Tonbridge, TN11 0DA Closed 13.00-14.00	09.00-18.30	09.00-18.30	09.00-18.30	09.00-18.30	09.00-18.30	09.00-17.00	CLOSED
Kings Hill Pharmacy	6 Liberty Square, Kings Hill, ME19 4AU	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-17.00	CLOSED
Marden Pharmacy	2 High Street, Marden, TN12 9DP Closed 13.00-14.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-13.00	CLOSED
Paddock Wood Pharmacy	12 Commercial Road, Paddock Wood, TN12 6EL	09.00-18.30	09.00-18.30	09.00-18.30	09.00-18.30	09.00-18.30	09.00-17.00	CLOSED
Boots	High Street, West Malling, ME19 6NA	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-17.00	CLOSED
	9-13 High Street, Tonbridge, TN9 1SG	08.30-18.00	08.30-18.00	08.30-18.00	08.30-18.00	08.30-18.00	08.30-17.30	CLOSED
Clarke and Coleman	140 High Street, Tonbridge, TN9 1BB	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-17.30	CLOSED
Field Pharmacy	11 Old Road, East Peckham, TN12 5AS Closed 13.00-14.00	09.00-17.30	09.00-17.30	09.00-17.30	09.00-17.30	09.00-17.30	09.00-13.00	CLOSED
Thompson Chemist	1A Riding Lane, Hildenborough, TN11 9HX	08.45-18.30	08.45-18.30	08.45-18.30	08.45-18.30	08.45-18.30	09.00-17.30	CLOSED
G Currie Chemists	4 York Parade, Shipbourne Road, Tonbridge, TN10 3NP	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-18.00	09.00-14.00	CLOSED



Free Condoms!

If you live in Kent or Medway, the age range for the Get It! programme is 13-24

*If you are aged 16 or above you can register online: we will send a pack of condoms and your condom card to the address you've supplied. You can then use your account to order two packs of condoms every month and/ or go to an Easy Access Point nearby and pick up some more.

*If you are under 16 or want to speak to someone in person, you can visit one of our Easy Access Points, where a trained professional will walk you through the registration process and have a conversation around safe sex and healthy relationships. The registration should take around 15 minutes. Upon completion, you will be issued with a card that you can attach to your keyring. You can then visit any Get It! registered outlet to top up on condoms (6 at a time).

Maidstone Area

Rubin Clinic, Maidstone Hospital, Hermitage Lane, ME16 9QQ (01622 225713)

Link Pharmacy, 88a King Street, ME14 1BH (01622 752990)

Info Zone Youth Hub, 3 Palace Avenue, ME15 6NF (01622 755044)

Switch Youth Café, 34a High Street, ME14 1JH (01622 661885)

Shepway Youth and Community Centre, Cumberland Avenue, ME15 7JN (01622 754095)

Fusion Healthy Living, Cobb Way, Livingstone Walk, ME15 9XF (01622 691177)

Mid Kent College (Students only) Oakwood Park, Tonbridge Road, ME16 8AQ (01622 691555)

Tunbridge Wells

Rowan Tree Surgery, Rowan Tree Road, TN2 5PX (01892 573108)

Tunbridge Wells Youth Hub, 39a Grove Hill Road, TN1 1SD (0300 041 9200)

West Kent YMCA, Ryder House, Belgrave Road, TN1 2BP (01892 518505)

Tunbridge Wells Grammar School for Boys (Students only) St John's Road, TN4 9XB (01892 529551)

Tonbridge

Hobbs Pharmacy, 25 Quarry Hill Road, TN9 2RN (01732 353950)

YMCA Horizon Project, 164 Shipbourne Road, TN10 3EJ (01732 363990)

Tonbridge Youth Hub, Tonbridge Adult Education Centre, Avebury Avenue, TN9 1TG (07834725320)

West Kent College (Students only) Brook Street, Tonbridge, TN9 2PW (01732 358101)

Other Areas

Snodland Youth and Children's Centre, Malling Road, Snodland, ME6 5HS (03000 418008)

St James Alternate Provision (Students only) The East Malling Centre, Chapman Way, East Malling, ME19 6SD (07914983041)

The Malling School, (Students only) Beech Road, East Malling, West Malling, ME19 6DR (01732 840995)

House In The Basement Youth Café, London Road, Sevenoaks, TN13 1ZZ (01732 466593)

Minor Injuries Unit, Sevenoaks Hospital, Hospital Road, Sevenoaks, TN13 3PG (01732 459956)

Lloyds Pharmacy (inside Sainsbury's) Otford Road, Sevenoaks, TN14 5EG (01732 469198)

Hadlow College, (Students only) Tonbridge Road, Tonbridge, TN11 0AL (01732 850551 ext 805)

Woodlands Health Centre, Allington Road, Paddock Wood, TN12 6AX (01892 833331)



Removal of Images Online

We would like to make you aware of the YOTI app which has been verified as legitimate by the National Crime Agency.

Childline and the Internet Watch Foundation have come together to provide a service where children can request the removal of sexual images of themselves which have been shared online. As part of that process the child would be asked to provide a link to where the image is stored online, rather than send the image itself.

The child is also required to verify their identity and age and this is done through the YOTI app. YOTI will not store images of the child's ID following the verification process.

Below are a couple of online resources which contain details regarding this service:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting> - there is a section which covers what you can do if you've lost control of a sexual image and refers to the YOTI app.

<https://contentreporting.childline.org.uk> – This is the portal where you can report images and videos for take down and again refers to using the YOTI app to verify age.

www.yoti.com – this is where you can download the app



Termination of Pregnancy Referral



Clients can self-refer or you can refer on their behalf to the below services as long as they are registered with a GP and are aged 13 or older.

www.mariestopes.org.uk

Tel: 0345 300 8090



www.bpas.org – services in Crawley, Brighton, Hastings, Eastbourne and London.

Tel: 0345 730 4030

Tel: 0333 234 2435 – referral support line if you want to refer someone with complex medical needs, vulnerable or have other concerns.

