

Colostrum Collecting

Colostrum collecting while still pregnant or in labour can help to make breastfeeding more **successful**, it is especially useful for women with the following pregnancy and baby related conditions:-

Raised BMI, Diabetes, **Gestational Diabetes**,
Beta-Blockers for raised blood
pressure, **Baby on board who is small for
gestational age**, Premature babies,
Babies with a cleft lip or palate, twin
& triplet pregnancies, **Downs
syndrome**

Some of the babies in the above group will be at increased risk hypoglycaemia (low blood sugars). The collected colostrum will help to reverse this condition and reduce the need for infant formula.

Please ask you midwife for further details

Sally Sidhu and Jan Gatehouse infant feeding specialists