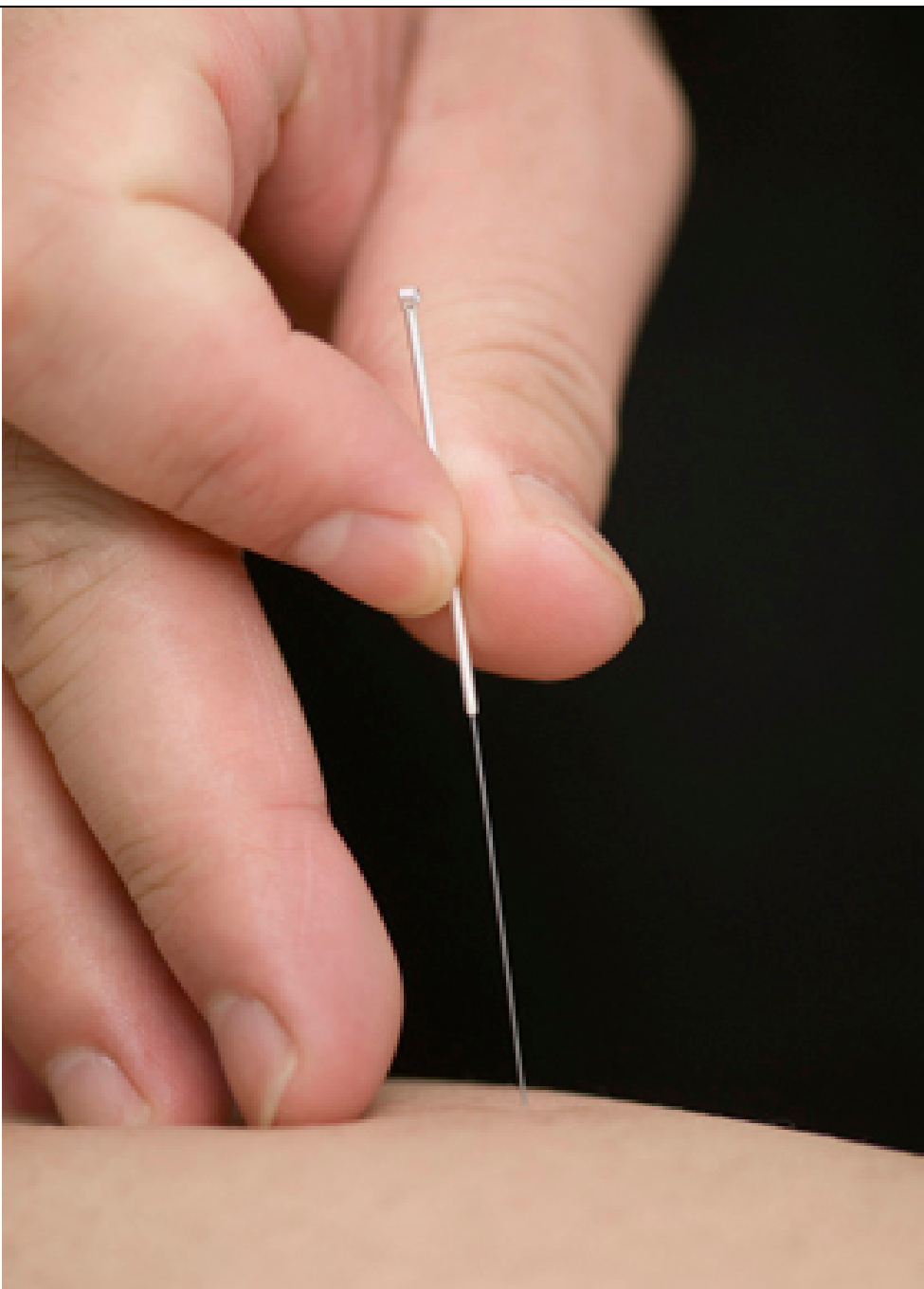


Acupuncture Study

A pilot study (RCT) investigating acupuncture for women experiencing delay in labour



Acupuncture has been increasingly accepted within Western medicine during the last 30 years. It is widely used by midwives in other European countries including Germany and Sweden for pain relief in labour.

Research has already shown that acupuncture can:

- Reduce labour pain intensity
- Shorten labour
- Reduce need for forceps or ventouse to deliver the baby

The purpose of this study is to find out if acupuncture can be used to treat an established labour that has slowed down, instead of using syntocinon.

Eligibility criteria

- Delay in labour (<2cm in 4 hours), just had an ARM
- Nulliparous, Cephalic, Term, No bleeding disorders

(see study protocol for full details)

Further training session scheduled for April

Details to follow

Who can give Acupuncture?

- Midwives and doctors who have completed acupuncture training AND specific training re this study
- Midwives caring for a woman with acupuncture needles in situ MUST have been signed off as competent to do so

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