

Ref: FOI/GS/ID 4346

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Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to ankle arthrodesis (fusion).

I would like to know if you have a protocol that covers your rehabilitation procedures following ankle arthrodesis (Fusion).

Maidstone and Tunbridge Wells NHS Trust do not work to a specific protocol for ankle arthrodesis.

We are usually given initial management advice directly from the consultant performing the surgery.

The rehabilitation will vary according to the type of fixation, their post op immobilisation period, their weight bearing status and any other co-morbidities that should be considered.