

Ref: FOI/CAD/ID 4110

Please reply to:
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Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to oral mucositis and barrier mouthwashes.

- 1) *Please advise the estimated number of patients receiving chemotherapy and radiotherapy at your hospital(s) each year.*
- 2) *What is the preferred 'barrier' mouthwash product prescribed to patients for oral mucositis treatment and/or prevention?*
- 3) *Which of the following 'barrier' mouthwash brands, if any, have previously been prescribed in your hospital(s):*
 - *Caphosol*
 - *Gelclair*
 - *Mucodis*
- 4) *What is the estimated annual spend on mouthwash?*
- 5) *What is the estimated annual number of units of mouthwash prescribed annually?*
- 6) *How much Saline and Difflam mouthwash are prescribed for OM?*
- 7) *What are your current prescribing pathways for oral mucositis care?*
- 8) *Do you currently prescribe anything for the prevention and/or treatment of the following conditions:*
 - *Vaginal mucositis (Vulvovaginitis)*
 - *Rectal mucositis*
 - *Radiation dermatitis*

1. For 1/6/2016 to 31/05/2017, there were 4541 patients treated with Radiotherapy and 2699 patients treated with Chemotherapy.

2. This information can be found on the Trust website using the following link: <http://www.mtw.nhs.uk/freedom-of-information/> Please see FOI ID 3901

3. The trust has prescribed both Gelclair and Mucodis on both hospital and hospital FP10 prescriptions (community) prescriptions.

4. This information can be found on the Trust website using the following link: <http://www.mtw.nhs.uk/freedom-of-information/> Please see FOI ID 3901

5. This information can be found on the Trust website using the following link: <http://www.mtw.nhs.uk/freedom-of-information/> Please see FOI ID 3901

6. Difflam mouthwash prescribed for OM between 01/06/2016 and 31/05/2017: 17,6680ml.

No Saline mouthwash was prescribed in this period.

7. Difflam mouthwash/spray and/or GelClair are prescribed as required following patient review. Analgesics are prescribed according to WHO Pain Ladder.

8. Vaginal mucositis: nothing prescribed from the Centre but patients are provided with samples of lubricant/moisturiser that are available on prescription.

Rectal mucositis: nothing provided routinely but proctosedyl may be prescribed if required.

Radiation dermatitis: SCoR Skin Guideline policy is followed. Therefore specific creams are not suggested as there is no evidence of the efficacy of any one product. Patients are advised to apply their normal moisturiser if required. Aqueous cream can be used to wash/wipe with. If patients request examples of creams, products such as Aveeno are suggested.

Hydrogel dressings are used for moist desquamation where appropriate. Analgesics are prescribed according to WHO pain ladder.