

Freedom of Information request - Active surveillance for prostate cancer

About your Trust/Health Board

In which country is your Trust/Health Board located?

England

Name of Trust/Health Board/Health & Social Care Trust you are replying from:

Maidstone and Tunbridge Wells NHS Trust

Active surveillance protocols

Does your Trust/Health Board/Health & Social Care Trust have an active surveillance protocol?

- Yes - a local protocol/modified version of an externally published protocol

[If 'yes - a local protocol/modified version of an externally published protocol'

Please outline details of the active surveillance protocol below (or attach the protocol document when replying to our request email):

Kent and Medway Cancer Collaborative Prostate Cancer Pathway

<http://www.kentmedwaycancerguide.nhs.uk/tumour-sites/tumour-site-specific-information/urology-tssg/>

Inclusion criteria for active surveillance

Please indicate below which of the following the TrusUHealth Board/Health & Social Care Trust uses, and in what way, as **inclusion criteria for active surveillance**.

If any of the following are used according to the published protocol you follow (if applicable), then you do not have to provide further details.

	Used? (yes/no)	Details (e.g. used according to published protocol, type (if applicable), how result is used as inclusion criteria for active surveillance):
PSA level (ng/ml)	Yes	<10
PSA density (ng/ml/ml)	No	
Clinical stage	Yes	T1c
Number of biopsy cores involved - please indicate the type of biopsy used	Yes	<30% Template Biopsy
Gleason score	Yes	3+3
Risk classification: Low-risk = PSA <10ng/ml and Gleason score S6 and clinical stage T1-T2a Intermediate-risk = PSA 10-20ng/ml or Gleason score 7 or clinical stage T2b	Yes	As above
Imaging - please indicate the type of imaging used	Yes	MRI
Biomarkers (e.g. Phi, PCA3, 4K) - please indicate the biomarker type	No	
Patient characteristic: Age	No	

Patient characteristic: Life expectancy	No	
Patient characteristic: Fitness status/comorbidities	No	
Patient characteristic: Family history of prostate cancer	No	
Patient characteristic: Ethnicity	No	
Patient choice/willingness	No	
Other (please provide details):		

Active surveillance clinic

Does the Trust/Health Board/Health & Social Care Trust have a dedicated active surveillance clinic?

- Yes

Follow up of men on active surveillance

Who manages men on active surveillance? If this changes over time, please provide details in the comments box below.

(Multiple select)

- CNS
-

Please indicate below which of the following tools the Trust/Health Board/Health & Social Care Trust uses, and in what way, to **follow up men during active surveillance**.

If any of the following are used according to the published protocol you follow (if applicable), then you do not have to provide further details.

	Used?	Details (e.g. used according to published protocol, type (if applicable), frequency the tool is used during active surveillance):
PSA	Yes	Year 1 – PSA check every 3 months Year 2+ - PSA check every 6 months
Multi-parametric MRI (mpMRI)	Yes	Multi-parametric on enrolment to AS Year 2 onwards – Every 2 years
Repeat biopsy	Yes	At 12 months after starting AS
Digital Rectal Examination (DRE)	Yes	Year 1 – Every 6 months Year 2 onwards – Every 12 months
Support/counselling	Yes	As requested
Fitness/lifestyle interventions	No	
Other (please provide details):		

Triggers for changing management strategy

Please indicate below which of the following the TrusUHealth Board/Health & Social Care Trust uses, and in what way, as **potential triggers for a change in management strategy**.

If any of the following are used according to the published protocol you follow (if applicable), then you do not have to provide further details.

	Used?	Details (e.g. used according to published protocol, type (if applicable), what finding triggers a change in management strategy):
PSA kinetics	Yes	PSADT < 3 years
Multi-parametric MRI (mpMRI)	Yes	Every 2 years or if any clinical or PSA changes that are concerning
Tumour upgrading on repeat biopsy	Yes	If any clinical or PSA changes that are concerning or at 12 months after start of AS
% of positive biopsy cores	No	
Increase in tumour volume	No	
Patient choice	No	
Other (please provide details):		

Active surveillance database

Does the TrusUHealth Board/Health & Social Care Trust have a database of men on active surveillance?

- No

Any comments:

Currently scoping use of cancer database system to support this

Would the TrusUHealth Board/Health & Social Care Trust be willing, and have the resources to, submit their active surveillance patients to a UK database/registry?

- No

Any comments:

Not currently but once the above is implemented then yes.

ENDS -