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## *The Explorer: The Trust Libraries newsletter*

➞ September 2017

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### *Our latest information:*

**Web:** <http://www.mtw.nhs.uk/library>

**Twitter:** <https://twitter.com/mtwnhslibrary>

**Blog:** <http://www.mtwlibrary.blogspot.co.uk/>

**Instagram:** <http://www.instagram.com/mtwnhslibrary/>

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### **Celebrating Libraries Week 9<sup>th</sup>-14<sup>th</sup> October**

Each day of Libraries Week, MTW Libraries will be promoting one of our fantastic services or resources:

**Monday 9<sup>th</sup>:** Mediated Literature Searches- did you know that we can do topic searches for you and will email you the results? Visit the Libraries with your topic or email us at [mtw-tr.library@nhs.net](mailto:mtw-tr.library@nhs.net).

**Tuesday 10<sup>th</sup>:** Training- we can train you in the Libraries or in your workplace on how to search for literature, searching the online resources, improve your study skills as well as critical appraisal training and help with running journal clubs. Visit the Libraries or email us for further information [mtw-tr.library@nhs.net](mailto:mtw-tr.library@nhs.net)

**Wednesday 11<sup>th</sup>:** UpToDate- pick up information about this popular point-of-care tool and register for an UpToDate Anywhere account from a Library PC.

**Thursday 12<sup>th</sup>:** Health Information for patients and public-discover what the Libraries are doing to help the public access safe and evidence-based health information. Find out where YOU can access this information to pass on to YOUR patients.

**Friday 13<sup>th</sup>:** Help improve our book stock!- come and check out our books on approval at either site and decide which ones deserve to be added to our shelves! Or make a book stock suggestion of your own.

Look out for our displays and on the intranet for further information. Follow us on Twitter and Instagram: [mtwnhslibrary](#) for the latest Libraries Week news!

# Libraries Week

9-14  
OCTOBER  
2017

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## Journal Rationalisation

We have begun work at the Maidstone site to rationalise our archival holdings of paper journal collections. These are used less and less with the growth in e-provision and we plan to convert the space they currently fill into training/meeting/quiet study to meet the demands of our users.

Thousands of journals are now provided electronically and can be browsed via <http://journals.nice.org.uk/> Openathens will be required for access to licensed content. Library staff can help with getting the best access to journal and database collections.

### Our space or yours.....?

The libraries are being used increasingly for their space. Don't forget than in addition to professional searching and enquiry services, resources for patient care and education, we offer space; peace and quiet to concentrate on that rota, tables to spread out those notes, corners for informal meetings and computers for small group training when all other rooms are booked.

### Work Experience

The Library Team are taking on the planning and organisation of Work Experience for local students. Students who apply are expected to be 16+ and have a keen interest in careers in healthcare. We desperately need more contacts within the workforce whom we can approach to take students for work shadowing in their preferred areas of interest. The more MTW staff we can approach for help, the less often we will need to come asking individuals! Please email [mtw-tr.workexperience@nhs.net](mailto:mtw-tr.workexperience@nhs.net) for more information and to sign up.

So much more than just books and journals,  
your libraries also have  
**24/7 internet access, study areas, leisure reading,**  
**DVDs** and the daily newspaper!

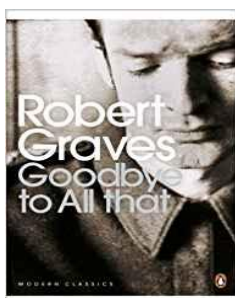
We also have **Book Club** at Tunbridge Wells Hospital  
And **Film Society** at Maidstone Hospital

### Book Club

#### Book Club

Tuesday 26<sup>th</sup> September  
TWH Education and Training Centre (Lecture Room 3)

*Please come along – it would be wonderful to see some new faces. Contact Alison Millis for more information*  
[Alison.millis@nhs.net](mailto:Alison.millis@nhs.net)



## READING WELL FOR PEOPLE WITH LONG TERM CONDITIONS

**DID YOU KNOW.....**that the Trust Libraries hold collections of **Reading Well** and **Mood-boosting** titles.

The Reading Agency's reading well initiative now includes a **long term condition** selection to complement their books on prescription and mood boosting titles.

### **Reading Well Titles**

#### **Maidstone –**

Overcoming chronic pain  
Managing your pain  
Fighting fatigue  
Overcoming chronic fatigue  
Pain is really strange  
How to feel better  
Self-management of long term health conditions



#### **Tunbridge Wells –**

Coping with the psychological effects of illness  
Go your crohn way  
Asthma: answers at your fingertips  
Arthritis: a practical guide to getting on with your life  
Irritable bowel syndrome: answers at your fingertips  
Mindfulness for health

If there's a particular Reading Well title you would like to borrow, ask if we can request it for you from one of the other health libraries in the region. If we cannot locate a copy, you should be able to find all the Reading Well titles in your local Public Library.

We have also compiled leaflets signposting reliable sources of health information for patients and the public and have guidance on using NHS Choices and Nice Evidence.

*For more information about the library services, contact staff at either library:*

TWH: 01892 635884

Maidstone: 01622 224647

Email: [gm.e.mtw-tr.library@nhs.net](mailto:gm.e.mtw-tr.library@nhs.net)