



NEW YOUTH RESOURCES FROM THE MISCARRIAGE ASSOCIATION

“People said it was lucky really. I don’t know how to deal with that.”

Last year, UK charity the Miscarriage Association spoke to young people who had experienced miscarriage or ectopic pregnancy. They told us that they wanted more information and support.

We’re pleased to launch a range of new resources based on their recommendations, all of which can be found at <http://www.miscarriageassociation.org.uk/support/feelings-after-pregnancy-loss/support-for-young-people/>.

We’ve created [a leaflet](#) for use in schools, clinics, surgeries and hospitals. The leaflet reflects the experiences and needs that young women reported and includes a number of illustrated quotes from young women we spoke to. This is also available online.

We’ve created [a series of short films](#) and a [collection of written pieces](#) in which young women share their stories. We hope these will help other young people feel less isolated and more able to make sense of their own experience.

We’ve created an [infographic](#) about what happens when someone calls our helpline. We hope that this will help young people feel more confident about getting in touch with us.

We’ve added a new page offering suggestions to make [talking about miscarriage](#) easier. We hope this page will be useful for all women and their partners.

We do hope you will be able to help us spread the word by sharing our resources with the young people you work with and/or their parents, carers and teachers. We’ll be tweeting and sharing the new resources this week from @MiscarriageA and from our Facebook page: <https://www.facebook.com/MiscarriageAssociation>