1. Remove stopper and keep for later use!
   Attach plastic straw.

2. Insert the plastic straw into the container and fill the Urine Monovette® up to the bottom of the label.

3. To empty the plastic tube, hold the Urine Monovette® in an upright position and pull the plunger backwards to the bottom of the tube.

4. Remove the plastic straw break off the plunger and throw away.
   Replace the stopper.

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