

## Monovette Urine Bottle Instructions

- Urine Monovette is a syringe bottle plus a straw.
- Please write your **forename**, **surname**, **date of birth** and the **date** and **time** of collection on the bottle.
- Find a clean, dry, non-metallic container, e.g. a plastic or paper cup. The container must be washed thoroughly and rinsed well with water and dried before use.
- Collect the first urine passed of the morning (Early morning urine, EMU).
- Pull off small yellow cap (do not throw away) and connect the straw. Insert into urine and draw back plunger to the thick black line.
- Remove from paper cup; pull the plunger to final stop point.
- Remove the straw, replace yellow cap securely and snap off plunger rod. Discard straw and plunger rod.
- Once complete, check that the cap is firmly on, place into the clear plastic bag attached to the request form, seal and return it to your GP  
Practice the same day.