

# Nutrition & Dietetics



**The Trust Libraries** 

## THE TRUST LIBRARIES MAIDSTONE ACADEMIC CENTRE TUNBRIDGE WELLS EDUCATION &TRAINING CENTRE

So much more than just **books** and **journals**, your libraries also have **24/7 internet access**, **study areas**, **leisure reading**, **DVDs** and the daily newspaper!

We also have a **Book Club** at Tunbridge Wells Hospital and **Film Society** at Maidstone Hospital

Are you studying or simply in need of a quiet space?



# Libraries help!



Use your workplace library
We are accessible 24/7
Study in peace away from workplace
pressures: plenty of IT and
desk space here!

We can **train you** to find the **best information** and help with **study skills** (see back page for contact details)

YOUR MTW LIBRARIES; search 'Library' on the Trust intranet for more information.

### A selection of popular titles in your specialty area.

For more resources both electronic & in print go to www.southeastlibrarysearch.nhs.uk

An OpenAthens account will give you access to the e-resources that are subscribed to both nationally & locally.

Register from an NHS network PC at <a href="https://www.evidence.nhs.uk">www.evidence.nhs.uk</a> select 'Journals and Databases' then 'Register for Athens'.

Please contact us if you have any problems setting up your account or accessing resources with your login

#### **Print titles:**

Early years nutrition and healthy weight

by L Stewart

Nutrition in pregnancy and childbirth: food for thought

by L Davies

Manual of nutrition 12th ed

by Department of Health (DOH)

Nutrition essentials for nursing practice 6th ed

by S G Dudek

Medical nutrition and disease: a case-based approach 4th ed.

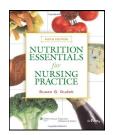
by L Hark

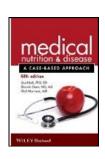
Nutrition: a handbook for nurses

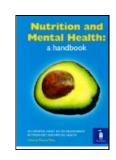
by C Best

Nutrition and mental health: a handbook: an essential guide to the relationship between diet and mental health

Early Years Nutrition and Healthy Weight







by M Watts

### E-journals:

Access these and other electronic resources via our catalogue or NHS Evidence using an NHS OpenAthens account; see previous page for details.

**Nutrition** 

**Nutrition Bulletin** 

**Nutrition and Dietetics** 

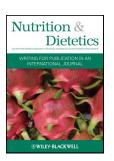
**Clinical Nutrition** 

Journal of Human Nutrition and Dietetics

Journal of the American Dietetic Association

Maternal and Child Nutrition







#### E-books:

Advanced nutrition and dietetics in gastroenterology

by M Lomer



Gastroenterology and nutrition: neonatology questions and controversies 2nd ed

by J Neu



### British National Formulary (BNF) mobile app NOW AVAILABLE

Download the **FREE** app to Android smartphones via the Google Play Store at: https://play.google.com/store/apps/details?id=uk.org.nice.bnf

For iPhone users, the app is available to download via the Apple App Store at: http://itunes.apple.com/us/app/nice-bnf/id523093958

The app can also be downloaded to the iPod Touch.

You need an OpenAthens account to access the BNF content.

Go to <a href="http://m.evidence.nhs.uk">www.evidence.nhs.uk</a> to self-register for an OpenAthens account or you can self-register from your mobile phone at <a href="http://m.evidence.nhs.uk/athens-registration">http://m.evidence.nhs.uk/athens-registration</a>

If you have any feedback on this app, please let the Trust Library Service know; you can email us on <a href="mailto:mtw-tr.library@nhs.net">mtw-tr.library@nhs.net</a>

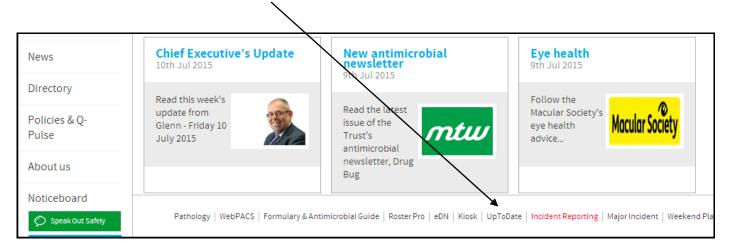




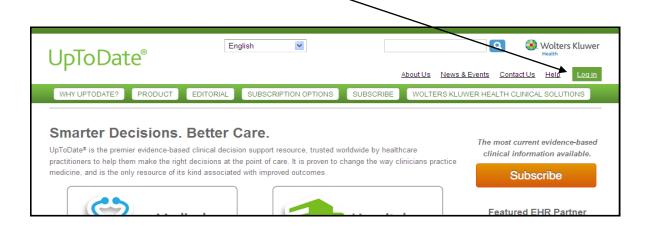
### 2 ways to access UpToDate



On-site access: You can access *UpToDate* simply by going to the MTW Trust intranet home page:



Off-site access: Go to <a href="https://www.uptodate.com">www.uptodate.com</a> and log in with your OpenAthens account from ANYWHERE:



UpToDate is a popular point of care clinical reference tool which gives you access to evidence-based, peer-reviewed information to help with patient care.
 MTW staff are using UpToDate to help them to answer clinical questions, on average around 1000 times a month.

Go to www.evidence.nhs.uk to self-register for an OpenAthens account



#### **CURRENT AWARENESS**

KnowledgeShare is our new targeted current awareness service which will help to keep YOU up to date with the latest high-level evidence in YOUR field

How it works: we create your KnowledgeShare profile to be as broad or as specific as you need.

For example, you could receive everything published on obstetrics or limit to receive only items related to gestational diabetes

What's included?: guidelines, policies and a wide range of summarised evidence is added so that you will not be inundated with primary research articles

KnowledgeShare interest forms are available in the Trust libraries and are also on our website:

www.mtwlibrary.nhs.uk

Please email <a href="mailto:mtw-tr.library@nhs.net">mtw-tr.library@nhs.net</a> or visit one of the Trust libraries for further information

### Anatomy TV NOW AVAILABLE

Access to Anatomy TV is now available to you with your OpenAthens account

Simply go to

http://www.anatomy.tv

and log in with your OpenAthens account.
You can also access Anatomy TV via
the home page of our catalogue
www.southeastlibrarysearch.nhs.uk

Log in via OpenAthens to peel back the layers @ www.anatomy.tv





## The UCL Hospitals Injectable Medicine Administration Guide Now available online

(as requested by MTW Pharmacy dept)

The UCL Hospitals Injectable Medicines Administration Guide Online is the definitive online guide to the safe and effective administration of injectable medicines for nurses and healthcare professionals

Go to <a href="http://www.uclhguide.com">http://www.uclhguide.com</a> and log in with your OpenAthens account on the left of the screen to access.





### **BMJ Case Reports**

BMJ Case Reports is an online community that enables junior doctors to take their first steps in having their case reports and research published. It also contains over 1,500 articles which have been peer reviewed.

### Simply visit

### http://casereports.bmj.com

and log in with your OpenAthens account.

The submission code to submit case reports is 805267

Please contact the library if you need any help in using this resource.





### Quick links to MTW library resources Scan with your Smartphone:



Library Website



Library Catalogue



Library Help Guides



Library Departmental Bulletins



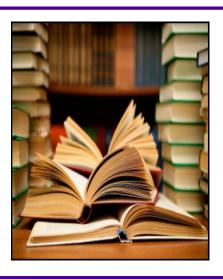
Library Blog



**NICE** Evidence

### **Training**

We provide free training in the libraries and in the workplace; do you need help with literature searching, critical appraisal or study skills? Contact Alison Millis: 01892 635994 or mobile 07500814120



### **Book suggestions**

Please let us know if there any titles that you would like us to consider purchasing, either printed or e-book.

Contact us by telephone or email.

Contact details below.

We look forward to hearing from you.

### **Library Bulletins**

All Bulletins produced so far are available at the following link http://www.mtw.nhs.uk/education/library-knowledge-services/databases-and-resources/

Any feedback welcomed. Contact details below.

### **Useful information**

Maidstone Academic Centre Opening hours

01622 224647 Mon-Fri 9.00am-5.00pm

Education & Training Centre Mon-Fri 8.30am-5.00pm

Tunbridge Wells

01892 635884/635489

24/7 access available at both sites

Web: <a href="www.mtw.nhs.uk/library">www.mtw.nhs.uk/library</a>
Blog: <a href="mailto:mtw-tr.library@nhs.net">mtwlibrary.blogspot.com</a>
Email: <a href="mailto:mtw-tr.library@nhs.net">mtw-tr.library@nhs.net</a>

Online catalogue: www.southeastlibrarysearch.nhs.uk