

Important

If you experience any of the following:

- Sudden loss of vision.
- Pain unresolved with your normal painkillers.
- Increasing discharge and/ or redness.
- Or have any other concerns.

Please contact the eye departments on:

Pembury 8.30am - 5pm  01892 823535 ext

Maidstone 8.30am -7pm  01622 226228 or
  01622 226224

Outside of these hours  0845 155 1000

For all enquires please phone Maidstone Hospital and ask for General Accident & Emergency. Explain that you have had eye surgery and your problem.

For any questions or problems

Please contact Mr Ansari's secretary  01622 226275

Further information and advice can be obtained from

NHS Direct  0845 46 47

NHS Direct online www.nhsdirect.nhs.uk

Patient Advice and Liaison Service (PALS)

If you would like to comment on Trust services, have concerns or need information, you can contact the Patient Advice and Liaison Service (PALS). PALS will listen to your views and using a wide range of contacts and resources, help find ways of resolving any queries or difficulties. The PALS Officers can be contacted at Maidstone or Kent and Sussex Hospitals where the offices are situated in the main entrance, Monday to Thursday 9.00am to 5.00pm, Friday 9.00am to 4.30pm.

Telephone: Maidstone Hospital  01622 224960

Kent & Sussex and Pembury Hospitals  01892 632953

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Maidstone and
Tunbridge Wells
NHS Trust

 0845 155 1000

Selective Laser Trabeculoplasty (SLT)

Information for patients

Eye Department
Eye, Ear and Mouth Unit
Maidstone Hospital
Hermitage Lane Maidstone

What is SLT?

You will be having a procedure known as selective laser trabeculoplasty (SLT). In this procedure low level laser energy is aimed at the drainage channels in the eye. This opens up these channels to allow fluid to flow out of the eye. Pressure in the eye is then reduced.

Why do I need to have this procedure?

You have a condition called glaucoma, this means the pressure in your eyes is too high. This can cause poor vision. SLT will relieve the pressure in your eye(s) and improve your vision.

Are there any risks, complications or side effects?

SLT is a safe and effective procedure for the treatment of glaucoma. Very low energy is used which does not damage the eye structures, making this a very safe procedure.

Side effects include a temporary rise in eye pressure and mild inflammation. These are very rare, and the doctor will prescribe medications for you to take for one week to prevent side effects.

The treatment is effective usually for up to one year, after which a repeat treatment may be required. Repeat treatments are also very safe since the same low or lower energy is applied.

You will be given the opportunity to ask any questions about the procedure and the risks before you give your consent to the treatment.

What happens?

You will come to the hospital on the day of your appointment. There is no need for any special preparation, you may eat, drink and take your normal medications.

You will be sitting upright during the treatment just like being examined in the eye clinic.

Local anaesthetic eyedrops will be put in your eye(s). A contact lens will then be placed on the eye.

How long will it take?

SLT takes 10-15 minutes per eye and both eyes can be treated at the same appointment. You can expect to be in the department for between one and two hours.

After the procedure

Although you will not have had any sedation, you should have someone to take you home afterwards. You can return to your normal activities, including driving, the following day.

Your medication

After treatment, you will be given mild anti-inflammatory drops for a week.

You will also need to continue with your present glaucoma drops until seen again by your specialist

Right Eye / Left Eye

Eye Drops	Breakfast	Morning coffee	Midday Meal	Afternoon tea	Evening Meal	Bedtime

Remember to wash your hands before using any eye drops or ointment.